

14.3 29) Suppose  $f(x, y)$  is continuous over a region  $R$  in the plane and that the area  $A(R)$  is defined. If there are constants  $m$  and  $M$  such that  $m \leq f(x, y) \leq M$  for all  $(x, y) \in R$ , prove that

$$m A(R) \leq \iint_R f(x, y) dA \leq M A(R).$$

Sol'n: Since  $f$  is continuous over  $R$ , it is integrable on  $R$  (by Prop 2 of lecture). We have

$$\iint_R f(x, y) dA \leq \iint_R M dA = M \iint_R 1 dA = M A(R)$$

↑  $R$       ↑  $R$       ↑  $R$       ↑  
 assumption      Prop 3.      Def 3.

Similarly,

$$\iint_R f(x, y) dA \geq \iint_R m dA = m \iint_R 1 dA = m A(R)$$

↑  $R$       ↑  $R$       ↑  $R$       ↑  
 assumption      Prop 3.      Def 3.      ✓

14.4 24) Sketch the region of integration and convert each polar integral into a Cartesian integral. Do not evaluate the integral.

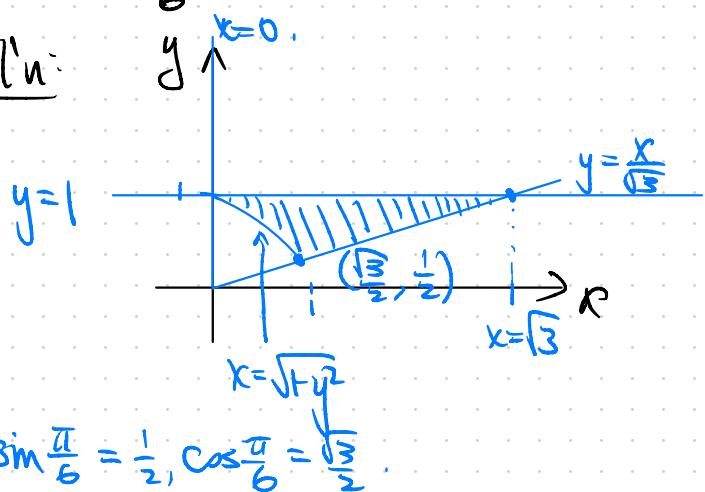
$$-\int_{\frac{\pi}{6}}^{\frac{\pi}{2}} \int_1^{\csc \theta} r^2 \cos \theta dr d\theta.$$

$$\frac{\pi}{6}$$

$$\frac{\pi}{2}$$

$$x=0.$$

Sol'n:



$$\sin \frac{\pi}{6} = \frac{1}{2}, \cos \frac{\pi}{6} = \frac{\sqrt{3}}{2}.$$

$$x = r \cos \theta, y = r \sin \theta.$$

$r^2 = x^2 + y^2$ , so  $r=1$  corresponds to the circle  $x^2 + y^2 = 1$ .

$$r = \csc \theta = \frac{1}{\sin \theta} \Rightarrow r \sin \theta = 1$$

$$\Rightarrow y = 1$$

$$\theta = \frac{\pi}{6} \Rightarrow y = \frac{x}{\sqrt{3}}, \quad \theta = \frac{\pi}{2} \Rightarrow x = 0,$$

$$r \cos \theta = x$$

$$\int_{\frac{\pi}{6}}^{\frac{\pi}{2}} \int_1^{\csc \theta} r^2 \cos \theta dr d\theta = \int_{\sqrt{3}}^1 \int_{\sqrt{1-y^2}}^{\sqrt{3}y} x dx dy.$$

So using horizontal slices, we have

14.4 26) Sketch the region of integration and convert each polar integral into a Cartesian integral. Do not evaluate the integral.

$$\int_0^{\arctan \frac{4}{3}} \int_0^{3\sec \theta} r^7 dr d\theta + \int_{\arctan \frac{4}{3}}^{\frac{\pi}{2}} \int_0^{4\csc \theta} r^7 dr d\theta.$$

Sol'n:  $x = r\cos\theta, y = r\sin\theta.$

$$r^7 = (x^2 + y^2)^{\frac{7}{2}}, \quad 0 \leq r \leq 3\sec\theta, \quad \theta = 0$$

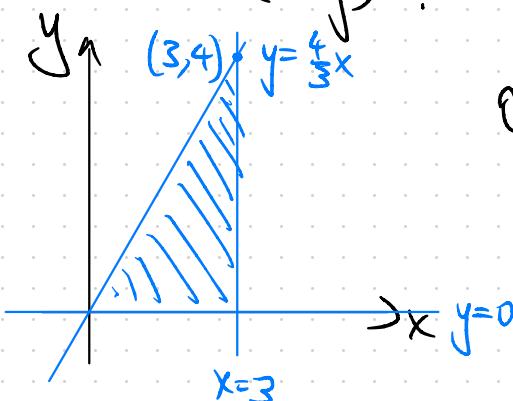
$$r = 3\sec\theta \Rightarrow \frac{3}{\cos\theta} \Rightarrow r\cos\theta = 3$$

$$0 \leq \theta \leq \arctan \frac{3}{4}, \quad \theta = \arctan \frac{3}{4} \Rightarrow \text{line } y = \frac{4}{3}x.$$

$$\theta = 0 \Rightarrow \text{line } y = 0.$$

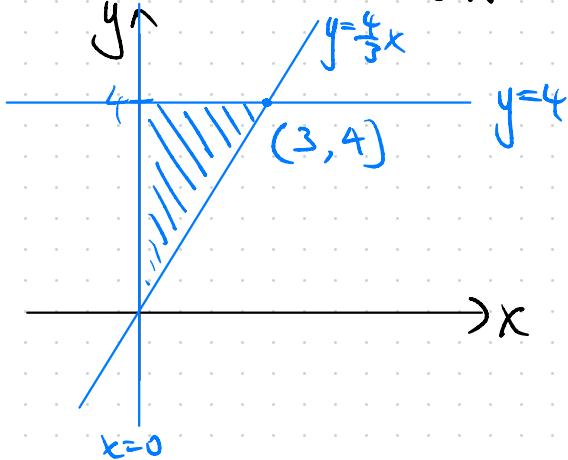
$$r^7 dr d\theta = r^6 r dr d\theta = ((x^2 + y^2)^{\frac{1}{2}})^6 dy dx$$

$$\text{So } I = \int_0^{\frac{4}{3}\times 3} \int_0^3 (x^2 + y^2)^3 dx dy$$



$\arctan\left(\frac{4}{3}\right) \leq \theta \leq \frac{\pi}{2} \Rightarrow$  lines  $y = \frac{4}{3}x$  and  $x=0$ .

$$r = 4 \csc \theta = \frac{4}{\sin \theta} \Rightarrow r \sin \theta = 4 \Rightarrow y = 4.$$



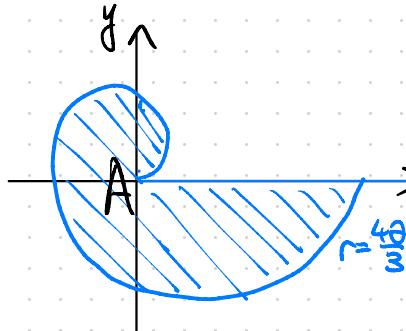
$$\text{So } \text{II} = \int_0^4 \int_0^{\frac{4}{3}y} (x^2 + y^2)^3 dx dy.$$

So integral

$$= \int_0^{\frac{4}{3}x} \int_0^3 (x^2 + y^2)^3 dx dy + \int_0^{\frac{3}{4}y} \int_0^4 (x^2 + y^2)^3 dx dy.$$

14.4 30) Find the area of the region enclosed by the positive x-axis and the spiral  $r = \frac{4\theta}{3}$ ,  $0 \leq \theta \leq 2\pi$ . This region looks like a snail shell.

Sol'n:



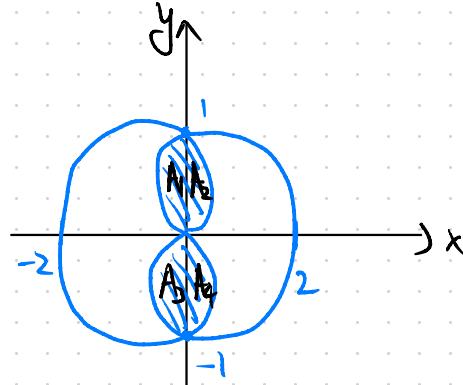
$$A = \int_0^{2\pi} \int_0^{\frac{4\theta}{3}} r dr d\theta = \int_0^{2\pi} \frac{1}{2} r^2 \Big|_{r=0}^{\frac{4\theta}{3}} d\theta$$

$$= \frac{1}{2} \int_0^{2\pi} \frac{16}{9} \theta^2 d\theta = \frac{8}{9} \cdot \frac{1}{3} \theta^3 \Big|_{\theta=0}^{\theta=2\pi}$$

$$= \frac{8}{9} \cdot \frac{1}{3} \cdot 8\pi^3 = \boxed{\frac{64\pi^3}{27}}$$

14.4 32) Find the area of the region common to the interiors of the cardioids  
 $r = 1 + \cos\theta$  and  $r = 1 - \cos\theta$ .

Sol'n:



Note by symmetry  $A = 4 \cdot A_2$ , the area of the region enclosed by the cardioid  $r = \cos\theta$  in the first quadrant.

When  $\theta = 0$ ,  $r = 1 - 1 = 0$ .

$$\begin{aligned}
 A &= 4 \int_0^{\frac{\pi}{2}} \int_0^{1-\cos\theta} r dr d\theta = 4 \int_0^{\frac{\pi}{2}} \frac{1}{2}r^2 \Big|_{r=0}^{r=1-\cos\theta} d\theta = 2 \int_0^{\frac{\pi}{2}} (1-\cos\theta)^2 d\theta \\
 &= 2 \int_0^{\frac{\pi}{2}} (1-2\cos\theta+\cos^2\theta) d\theta = 2 \left( \theta - 2\sin\theta + \frac{\theta}{2} \right) \Big|_{\theta=0}^{\theta=\frac{\pi}{2}} + \int_0^{\frac{\pi}{2}} (1+\cos 2\theta) d\theta
 \end{aligned}$$

$$= \bar{a} - 4 + \left( \theta + \frac{\sin 2\theta}{2} \right) \Big|_{\theta=0}^{\theta=\frac{\pi}{2}} = \bar{a} - 4 + \frac{\pi}{2} = \boxed{\frac{3\bar{a}}{2} - 4}$$

14.4 34) Find the average height of the (single) cone  $z = \sqrt{x^2 + y^2}$  above the disk  $x^2 + y^2 \leq a^2$  in the  $xy$ -plane.

$$\text{Solv: Area}(R) = \pi a^2.$$

$$x = r \cos \theta \quad \text{then } x^2 + y^2 \leq a^2 \Rightarrow r^2 \leq a^2 \\ y = r \sin \theta \quad \Rightarrow 0 \leq r \leq a.$$

The whole disk, so  $0 \leq \theta \leq 2\pi$ .

$$z = \sqrt{x^2 + y^2} = r.$$

So,

$$\iint_{\substack{x^2+y^2 \leq a^2 \\ 0 \ 0}} z \, dA = \int_0^{2\pi} \int_0^a r^2 \, dr \, d\theta = \int_0^{2\pi} \frac{1}{3} r^3 \Big|_0^a \, d\theta = \int_0^{2\pi} \frac{1}{3} a^3 \, d\theta = \frac{1}{3} a^3 \theta \Big|_{\theta=0}^{\theta=2\pi} \\ = \frac{2}{3} \pi a^3$$

$$\text{So average height} = \frac{\frac{2}{3} \pi a^3}{\pi a^2} = \boxed{\frac{2}{3} a}$$

14.4 36) Find the average value of the square of the distance from the point  $P(x,y)$  in the disk  $x^2+y^2 \leq 1$  to the boundary point  $A(1,0)$ .

$$\begin{aligned}\text{Sol'n: } d(x,y) &= \text{dist}^2(P(x,y), A(1,0)) = (((x-1)^2 + (y-0)^2)^{1/2})^2 \\ &= x^2 - 2x + 1 + y^2\end{aligned}$$

Convert to polar coordinates  $x=r\cos\theta, y=r\sin\theta$

$$\text{so } d(r,\theta) = r^2\cos^2\theta + r^2\sin^2\theta - 2r\cos\theta + 1 = r^2 - 2r\cos\theta + 1$$

and we integrate over the average area of the whole unit disk:

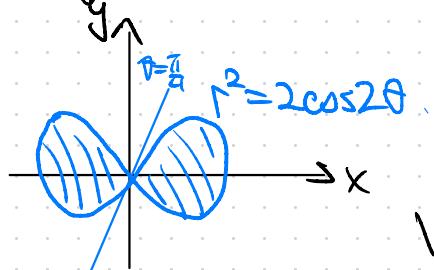
$$\begin{aligned}\text{Average dist} &= \frac{1}{\pi} \int_0^{2\pi} \int_0^1 d(r,\theta) r dr d\theta = \frac{1}{\pi} \int_0^{2\pi} \int_0^1 (r^3 - 2r^2\cos\theta + r) dr d\theta \\ &= \frac{1}{\pi} \int_0^{2\pi} \left( \frac{1}{4}r^4 - \frac{2}{3}r^3\cos\theta + \frac{1}{2}r^2 \right) \Big|_{r=0}^{r=1} d\theta\end{aligned}$$

$$= \frac{1}{\pi} \int_0^{2\pi} \left( \frac{1}{4} - \frac{2}{3} \cos \theta + \frac{1}{2} \right) d\theta = \frac{1}{\pi} \left( \frac{1}{4} \theta - \frac{2}{3} \sin \theta + \frac{1}{2} \theta \right) \Big|_{\theta=0}^{\theta=2\pi}$$

$$= \frac{1}{\pi} \left( \frac{\pi}{2} + \pi \right) = \boxed{\frac{3}{2}}$$

14.4 40) The region enclosed by the lemniscate  $r^2 = 2\cos 2\theta$  is the base of a solid right cylinder whose top is bounded by the sphere  $z = \sqrt{2 - r^2}$ . Find the cylinder's volume.

Sol'n:



By symmetry, suffices to consider only the first quadrant and multiply by 4.

$$\begin{aligned}
 V &= 4 \int_0^{\frac{\pi}{4}} \int_0^{\sqrt{2\cos 2\theta}} \sqrt{2-r^2} \cdot r \, dr \, d\theta \\
 &= 4 \int_0^{\frac{\pi}{4}} \int_2^{2-2\cos(2\theta)} -\frac{1}{2}u^{\frac{1}{2}} \, du \, d\theta \\
 &= -2 \int_0^{\frac{\pi}{4}} \frac{2}{3}u^{\frac{3}{2}} \Big|_{u=2}^{u=2-2\cos 2\theta} \, d\theta
 \end{aligned}$$

$$\text{let } u = 2 - r^2$$

$$du = -2rdr$$

$$\text{when } r=0, u=2$$

$$r = \sqrt{2\cos 2\theta}, u = 2 - 2\cos 2\theta$$

$$\begin{aligned}
 &= -\frac{4}{3} \int_0^{\frac{\pi}{4}} \left( (2 - 2\cos(2\theta))^{\frac{3}{2}} - 2\sqrt{2} \right) d\theta
 \end{aligned}$$

$$= -\frac{4}{3} \int_0^{\frac{\pi}{4}} \left( \left( 4 \sin^2 \theta \right)^{\frac{3}{2}} - 2\sqrt{2} \right) d\theta = -\frac{4}{3} \int_0^{\frac{\pi}{4}} (8 \sin^3 \theta - 2\sqrt{2}) d\theta$$

$$= -\frac{4}{3} \left( 8 \cdot \left( \frac{1}{3} \cos^3 \theta - \cos \theta \right) - 2\sqrt{2} \theta \right) \Big|_{\theta=0}^{\theta=\frac{\pi}{4}}$$

$$= -\frac{4}{3} \left( 8 \left( \frac{1}{3} \cdot \frac{\sqrt{2}}{4} - \frac{1}{3} - \frac{\sqrt{2}}{2} + 1 \right) - \frac{\sqrt{2}\pi}{2} \right)$$

$$\boxed{= \frac{2}{9} (20\sqrt{2} + 3\sqrt{2}\pi - 32)}$$

14.4

42) Evaluate the integral

$$\int_0^\infty \int_0^\infty \frac{1}{(1+x^2+y^2)^2} dx dy$$

Sol'n:

$r^2 = x^2 + y^2$ ,  
 $x > 0, y > 0$ ,  
so 1st quadrant

$$\int_0^\infty \int_0^\infty \frac{1}{(1+x^2+y^2)^2} dx dy = \int_0^\infty \int_0^{\frac{\pi}{2}} \frac{1}{(1+r^2)^2} r dr d\theta$$

$$= \int_0^\infty \frac{r}{(1+r^2)^2} d\theta \Big|_0^{\frac{\pi}{2}} dr = \frac{\pi}{2} \int_0^\infty \frac{r}{(1+r^2)^2} dr = \frac{\pi}{4} \int_1^\infty \frac{1}{u^2} du$$

$$\begin{aligned} \text{let } u &= 1+r^2 \\ du &= 2rdr \end{aligned}$$

$$\begin{aligned} &= \lim_{s \rightarrow \infty} \frac{\pi}{4} \int_1^s \frac{1}{u^2} du = \lim_{s \rightarrow \infty} \frac{\pi}{4} \left(-\frac{1}{u}\right)_1^s = \lim_{s \rightarrow \infty} \frac{\pi}{4} - \frac{\pi}{4s} \end{aligned}$$

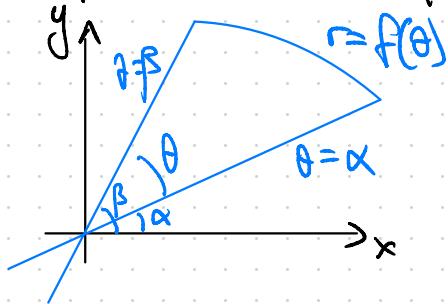
$$= \boxed{\frac{\pi}{4}}$$

14.4 44) Use the double integral in polar coordinates to derive the formula

$$A = \int_{\alpha}^{\beta} \frac{1}{2} r^2 d\theta$$

for the area of the fan-shaped region between the origin and the polar curve  $r = f(\theta)$ ,  $\alpha \leq \theta \leq \beta$ .

Sol'n:



$$\begin{aligned} \text{Area} &= \int_{\alpha}^{\beta} \int_0^{f(\theta)} r dr d\theta \\ &= \int_{\alpha}^{\beta} \frac{1}{2} r^2 \Big|_{r=0}^{r=f(\theta)} d\theta \\ &= \int_{\alpha}^{\beta} \frac{1}{2} f^2(\theta) d\theta. \end{aligned}$$

$\int_{\alpha}^{\beta} \frac{1}{2} r^2 d\theta$  since  $r = f(\theta)$ .